



SPECIAL POINTS OF INTEREST:

- Joint Commission Gold Seal
- Coastal Bend Day of Giving

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Center Earned the Joint Commission Gold Seal of Approval

On March 1, 2021, MHID participated in its triennial Joint Commission Accreditation Survey. This survey was conducted virtually which is a first of its kind for the Center and for Joint Commission. On May 10, 2021, the Center received the official Accreditation Report which provides accreditation for the next 36 months.

The Center is proud to announce that this survey was one of the best Joint Commission Surveys completed and is a testament of the Quality and Safety of services that our staff continuously provide.

“As a private accreditor, The Joint Commission surveys health care organizations to protect the public by identifying deficiencies in care and working with those organizations to correct them as quickly and sustainably as possible,” says Mark Pelletier, RN, MS, chief operating officer, Accreditation and Certification Operations, and chief nursing executive, The Joint Commission. “We commend Nueces Center for Mental Health and Intellectual Disabilities for its continuous quality improvement efforts in patient safety and quality of care.”

Award-winning Film Raised Awareness

The Transition Support Team was pleased to host a free virtual screening of the documentary film, "Hearts of Glass." This award-winning film chronicles the first fifteen months of the business, Vertical Harvest, showing how people with and without disabilities are working together to make an innovative hydroponic farm succeed in Jackson Hole, Wyoming.

The filmmaker, Jennifer Tennican, notes, "This film shows that innovation and inclusion can go hand-in-hand, benefiting citizens with

disabilities and the community at large." This 68-minute film effectively illustrates both how employing people with disabilities can help communities and how being employed can help people with disabilities.

A live panel discussion featuring the filmmaker and a Vertical Harvest employee was also held via GoToWebinar.

For more information about the film, please visit <https://www.heartsoglassfilm.com>.

MHID Selected for Coastal Bend Day of Giving 2021

“ On behalf of the matching funders for the 2021 Coastal Bend Day of Giving, it is my pleasure to inform you that Nueces Center for Mental Health and Intellectual Disabilities has been selected as one of 55 participant charities for this year’s event.

2021 is the thirteenth Coastal Bend Day of Giving, which to date has raised over \$20.5 million for the neediest in our communities. ”



Center Staff Completed Front-Line Supervisor Training

A big "YAY!" to our Center for being one of seven organizations across the state of Texas to complete the front-line supervisor training.

The training is designed to equip organizations with the skills and resources needed to best prepare, mentor and coach direct support professionals who work directly with people who have intellectual/developmental disabilities.

<https://www.depts.ttu.edu/education/news/posts/2021/texas-provider-organizations-supervisor-training.php>

MHID Supports PBS's Four Part Series - *"The Mysteries of Mental Illness"*

This four-part series aired on KEDT at 8 P.M. on June 22, 2021—June 23, 2021.

Synopsis: An Olympic boxer struggling with OCD... a Harlem pastor wrestling with depression... a young scientist coming to terms with her schizophrenia... One in four people will experience a mental illness at some point in their lifetime. Yet a diagnosis of a mental disorder still carries a stigma that a heart condition or other physical ailment doesn't, largely because mental illness has been so poorly understood for so long. *Mysteries of Mental Illness* places the stories of those living with mental illness today in a broader historic, scientific, and social context over four powerful, hour-long episodes. Through intimate, personal profiles, the series traces how our understanding of mental illness has evolved from an ancient conception of spiritual affliction to the latest neurobiological breakthroughs. At a time when mental health has been thrust to the fore by COVID-19, *Mysteries of Mental Illness* provides an invaluable framework to create deeper national understanding and dialogue.

Video Preview - <https://www.pbs.org/video/mysteries-mental-illness-preview-k1zrj0/>

Freeze Damaged Landscaping was Beautified by Advance Employment Services (AES) Grounds Crew

During the freeze in February, a considerable amount of the Center's landscaping became lifeless or was severely damaged. Therefore, our AES Grounds crew started a beautification training project focused on replanting areas that were affected by the freeze. "The great thing is that our trainees took ownership of this project and followed instructions on plant/tree/weed removal, adding weed barrier, on adding fresh soil, and of course on adding new healthy plants. They really did an

awesome job! One consumer in particular was so proud of what she was able to accomplish, she named one of the plants after her deceased mother. Usually the Grounds crew is responsible solely for maintenance and upkeep, so starting from the ground up was exciting for them. The Crew started beautifying Central Administration and moved on to beautify other Center buildings," said Gina Pena, Director of Intellectual & Developmental Disability Services.

Learn About Mental Health First Aid

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Three Learning Options

- **Virtual.** First Aiders will complete a 2-hour, self-paced online class, and then participate in a 4-hour, instructor-led videoconference.
- **Blended Learning.** After completing a 2-hour, self-paced class, First Aiders will participate in a 4-hour, in-person, instructor-led class.
- **In-person.** First Aiders will receive their training as an 8-hour, instructor-led, in-person course.

Who Should Take It

- **Employers**
- **Police officers**
- **Hospital staff**
- **First responders**
- **Faith leaders**
- **Community members**
- **Caring individuals**

For questions, please contact our Mental Health First Aid Coordinator Amanda Rodriguez by email at mhfa@ncmhid.org or by phone at (361) 886-1331.

www.MentalHealthFirstAid.org

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This tax season remember to shop on Amazon Smile, and select Nueces Center for Mental Health and Intellectual Disabilities as your charitable organization of choice. AmazonSmile Foundation will donate .5% of the price of eligible purchases to our center with no fees, and no extra costs. To make giving easier, be sure to bookmark our Center.

<https://smile.amazon.com/ch/74-1623759>



MHID

Nueces Center for
Mental Health and Intellectual Disabilities



About Us



Mike Davis
Chief-Executive Officer

Nueces Center for Mental Health and Intellectual Disabilities is dedicated to helping the residents of Nueces County who experience mental illness and/or intellectual and developmental disabilities. Each year, we serve over 10,500 individuals with counseling, training, employment assistance, housing support, and more.

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Mission Statement

To create a safe and collaborative environment empowering individuals to build resiliency and independence.

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